

Kansas Prescription Drug and Opioid Advisory Committee

February 2018 Updates

Advisory Committee State Planning Update

Sub-committees are currently working on finalizing action plans and identified priorities for inclusion in the state plan.

State plan development is in progress. The next step for the sub-committees will be to complete their section of the state plan (template will be provided).

Current sections of the state plan include:

- Advisory Committee partner agencies and members
- Executive Summary
- Scope of the Crisis/Epidemiology
- Kansas Prescription Drug and Opioid Advisory Committee (Vision, mission, goals, etc.)
- Committee planning process and guiding principles
- Priority Areas (Sub-Committee Sections)
 - Prevention
 - Provider Education
 - Treatment and Recovery
 - Law Enforcement
 - Neonatal Abstinence Syndrome
- Evaluation
- Conclusion/Call to Action
- References
- Appendices
 - Current initiatives in Kansas
 - Kansas Partnerships for Success 2015 Prescription Drug Prevention
 - Kansas Prescription Drug Overdose: Data-Driven Prevention Initiative
 - Kansas State Targeted Response to the Opioid Crisis
 - Strategy Action Plans
 - Resources by Topic

If anyone has any suggestions for information, topics, sections, etc. to include please let Krista Machado know.

Annual Opioid Conference planning will begin soon. Initial planning items include

- request for proposals for presentations
- multiple tracks by discipline again
- aim for similar date as last year (early November)
- determine location
- invite a national speaker?

Kansas PDMP Meeting

February 16th, 2018

After discussion amongst stakeholders and committee members regarding law enforcement access to the PDMP, an opportunity emerged for the PDMP Advisory Committee to hear an informative presentation on the Arkansas PDMP and ask questions about law enforcement access in certain circumstances.

Materials:

K-TRACS- Kansas Prescription Drug Monitoring Program

Alexandra Blasi, Kansas Board of Pharmacy Executive Secretary

<https://files.acrobat.com/a/preview/2a75cfef-44c6-4445-9568-25deeea01f7d>

K-TRACS Reporting Data

Fan Xiong, Advanced Epidemiologist <https://files.acrobat.com/a/preview/3f0c33ed-99cc-4144-b9af-74cddad3edde>

Legislative approach for LE Access to PMP: Investigative tools, the Arkansas Model

Kirk R. Lane, Arkansas State Drug Director

<https://files.acrobat.com/a/preview/f2103128-6f74-487f-a9ec-d75dcd584fa6>

Increasing PDMP Effectiveness

Information to Kansas Special PDMP Advisory Committee Meeting

National Emerging Threats Initiative (NETI) – A National HIDTA Program

<https://files.acrobat.com/a/preview/d54572b1-922c-4503-b4c7-e4ccd5ae6ddd>

Social Services Budget Committee Informational Hearing: Opioid Epidemic

February 1st, 2018

Greg Lakin, KDHE opened the hearing with an overview of the opioid epidemic in Kansas and associated issues.

Krista Machado, DCCCA provided an overview of the Kansas Prescription Drug and Opioid Advisory Committee, sub-committee priorities, and statewide efforts occurring.

Including:

- The Kansas Partnerships for Success Prescription Drug Initiative (KDADS & DCCCA) state-level prevention of the non-medical use of prescription drugs in high-risk areas.
- The Kansas Prescription Drug Overdose: Data-Driven Prevention Initiative (KDHE) Cooperative agreement with the CDC to decrease rates of opioid abuse, rates of ED visits related to opioids, rates of drug overdose deaths, and improve health outcomes across Kansas.
- Kansas State Targeted Response to the Opioid Crisis (KDADS) grant to increase access to treatment, and reduce opioid overdose-related deaths through the provision of prevention, treatment, and recovery activities for opioid use disorder.

- Special Innovation Project (KFMC) Funded by CMS for projects related to high risk Medicare consumers for opioid use. Includes trainings for opioid misuse prevention and prescribing practices.
- K-TRACS
- Kansas Poison Control Center (KUMC) 24-hour hotline comprised of critical care nurses, pharmacists or medical doctors to advise on poison management. The PCC also has educational resources for medication safety and poison prevention.
- Kansas Partnership for Pain Management (KUMC) statewide multi-disciplinary initiative aimed at improving practice performance for the assessment and management of chronic pain by providing educational opportunities for providers.
- Project ECHO (KUMC) an evidenced-based educational model that creates a virtual community of learners for medical providers, including a pain management series and opioid addiction series.
- Kansas Communities that Care Student Survey (Greenbush) an annual survey to 6th, 8th, 10th, and 12th graders that examines the factors in a student's life that put them at risk for substance abuse, academic failure and other negative outcomes, as well as the factors that protect them from those outcomes. Collecting and analyzing data associated with prescription drug and other drug misuse/abuse at the state and county level.
- Shawnee County Collaborative on Chronic Pain (Valeo and partners) a partnership between providers in Shawnee County to improve the health of the community by working to decrease misuse and adverse effects from the prescription of controlled substances for chronic pain.
- National Governor's Association Learning Lab (KDOC) to expanding access to opioid use disorder treatment for justice-involved populations to decrease opioid overdoses, facilitate recovery, and reduce recidivism

Kansas Prescription Drug and Opioid Advisory Committee and Grants Handout:

<https://files.acrobat.com/a/preview/861f345b-3f0a-44d8-a852-db4ef71bfa2a>

Kansas Prescription Drug and Opioid Advisory Committee Priorities and Partners Handout:

<https://files.acrobat.com/a/preview/59198b68-9e4c-470e-96c1-25635fff8a14>

Alexandra Blasi, Kansas State Board of Pharmacy provided information concerning K-TRACS, the Kansas Prescription Drug Monitoring Program, which tracks all Schedule II, III, and IV controlled substances prescribed and dispensed in Kansas. Highlighting the need for funding; a permanent funding solution is required by July 1, 2019 to ensure program continuation.

2018 PDMP Legislative Report

<https://files.acrobat.com/a/preview/75e6218b-cfa1-4a51-a529-5c86def6822d>

Jon Rosell, Kansas Medical Society and **Karen Bramen**, Kansas Hospital Association provided an overview of the newly formed joint committee on opioid misuse that will work in coordination with the Kansas Prescription Drug and Opioid Advisory. The committee consists of 20 physicians, pharmacists, and hospital administrators from Kansas with specific expertise/interest in the issue of opioid misuse. The aim of the joint committee is to

1. assess the scope of opioid misuse in Kansas;
2. review and synthesize new and emerging research regarding opioid addiction and best practices associated with safe and effective chronic pain management; and

3. disseminate findings and recommendations not only to their constituents but also to policy makers as appropriate.

Copy of testimony:

<https://files.acrobat.com/a/preview/313f707b-0c0e-40fc-9c0a-013bb6c06818>

Linda Sheppard, Kansas Health Institute provided an overview of KHI's efforts associated with the issue in Kansas. This includes:

The August Opioid Crisis: What's Happening in Kansas Event that featured a national speaker (Andrew Kolodny, M.D., and two panel discussions involving Kansas leaders representing key agencies engaged in efforts to combat the crisis. KHI continues to monitor the issue, issued a Legislative Preview brief with associated legislation other states have enacted, and are working with representatives of the National Conference of State Legislators on a presentation on best practices being used by states to address the epidemic.

Handout

<https://files.acrobat.com/a/preview/82c0ee91-b5f2-429c-9ac7-d8990faac28b>

Opioid Report to Health and Human Services Committee

February 15th, 2018

This report was delivered to the Health and Human Services Committee on the opioid crisis by Daniel Sparacino, Rep Hawkins' legislative intern. The report provides information on opioids, the problem, the factors perpetuating the crisis and solutions. The perpetuating factors listed include benign over-prescribing, malintent over-prescribing, legal prescription diverting, and illicit substance using.

<https://files.acrobat.com/a/preview/2abc3b4d-82a4-4908-8388-db419d984c85>

Governor Jeff Colyer Policy Speech

February 7th, 2018

Colyer reported he is creating a task force to develop policies for combatting drug addiction. Former state Rep. Greg Lakin will lead the new task force to develop both short-term and long-term policies for dealing with drug addiction and an epidemic of opioid abuse. Lakin is the chief medical officer at the Kansas Department of Health and Environment. As more details emerge, we will develop a plan for collaboration between committees to avoid duplication.

K-TRACS Statewide EHR Integration Press Release

Providing direct access to patients' controlled substance prescription histories through electronic health record (EHR) systems. Reyne Kenton reports 24 hospitals, 49 pharmacies, and 25 clinics had signed up as of 2/2/18.

<https://files.acrobat.com/a/preview/cfa2c9fa-8ce5-4de4-8ce1-e0850be3d018>

Initial Integration Announcement Press Release

Announcing a new partnership with Appriss Health to provide interoperability services for all prescribers and pharmacists in Kansas to access K-TRACS, the Kansas Prescription Drug Monitoring Program, through the PDMP Gateway®.

<https://files.acrobat.com/a/preview/6220612f-8e50-40f3-a537-e30940fd1bd9>

New Data Report from KDHE, Fan Xiong

Drug Poisoning Morbidity in Kansas, 2016 (ED data)

Highlights:

- Males and females aged 35 to 54 years had the highest rates of heroin opioid poisoning hospitalizations.
- In 2016, there were less than 100 heroin-related poisoning hospitalizations and emergency department admissions.
- In 2016, there were almost 3 times more amphetamine related poisonings than heroin for both hospitalizations and emergency department admissions.

http://www.preventoverdoseks.org/download/ED_HD_DATA.pdf

DEA email to all DEA-registered practitioners

February 2018

The DEA sent out an email to all DEA-registered practitioners on the CDC's recommendations for the prescribing of opioid pain medications. A part of DEA's effort to improve its communication with its more than 1.7 million registrants while simultaneously improving the dissemination of the CDC Guidelines to those authorized to prescribe opioids.

Garden City/Finney County Opioid Summit Planning

Krista Machado, DCCCA and Karen Bramen, Kansas Hospital Association are working with St. Catherine's Hospital and LiveWell Finney County Coalition to host an opioid summit for Finney County on March 21, 2018 from 8:00am-1:00pm at St. Catherine's Hospital. Topics presented include national and state level overview of the crisis in Kansas, K-TRACS, prescriber/physician perspective, substance use disorder treatment, state and local initiatives, and a panel of local providers. Speakers include: Karen Bramen(National and State perspective), Reyne Kenton(K-TRACS), Daniel Warren(family physician and MAT provider perspective), Shane Hudson(SUD treatment perspective), Krista Machado(statewide prevention efforts), and Troy Unruh(local prevention efforts). The panelists are: Daniel Warren, Shane Hudson, local law enforcement representative, community dentist, Joanne Brown, DDS, and community physician providing MAT, Emmanuel Okeke.

Save the Date!

Finney County Opioid Summit

Wednesday, March 21, 2018

8 am – 1 pm

St. Catherine Hospital Classrooms A & B

Topics are presented by experts throughout the State and include a National Overview, K-TRACS Overview, Prescriber / Physician Perspective, Substance Use Disorder Treatment, State and Local Initiatives, Community Partners Panel and a discussion on where Finney County can go from here.

Who Should Attend?

- City and County Officials
- Schools
- Law Enforcement
- Corrections
- Local Non-Profits
- Healthcare Partners
- Mental Health Providers
- Religious Organizations

St. Catherine Hospital
Centura Health.



For more info, call Callie Dyer at
620-765-1181
Or email CallieDyer@Centura.Org



KPC's CAPT Event- Addressing Opioid Overdose: Understanding the Role of Prevention

Kansas Prevention Collaborative is hosting an event provided by SAMHSA's Center for the Application of Prevention Technologies (CAPT) on the prevention of opioid misuse and overdose on March 27th in Topeka (location TBD). The primary target audience are community coalitions and anyone interested in opioid prevention. They will cover topics such as:

- Overview of the problem (National)
 - Data
 - Types of opioids and how they work
 - Health effects of opioids including overdose
 - Where people are getting opioids for misuse (i.e. majority from a friend or relative)
- Factors that place individuals at risk
 - Risk and protective factors
 - Opioid use/misuse, physiological changes, chronic pain and mental health
 - Opioid access and supply
 - Opioid perceptions/knowledge (i.e. perceived risk of harm from misuse)
- Understanding the Role of Prevention
 - Continuum of Care Model (Promotion, Prevention, Treatment, Maintenance, Recovery)
 - Universal, selected, and indicated prevention strategies
- Prevention Strategies
 - Education for community members, healthcare professionals, and patients
 - Prescription drug disposal programs
 - Prescription drug monitoring programs
 - Prescribing and dispensing regulations
 - Law enforcement actions
 - Treatment and follow-up services

- Naloxone strategies
- Help seeking strategies (i.e. 911 Good Samaritan Laws)
- Supervised consumption sites (i.e. safe injection sites)

Opioid Outlook: An Informed Approach to Addressing the Crisis

KCMO Event: 2/22/18 (2:00-4:00)

Objectives

1. Describe the opioid epidemic in the United States and how it is a public health concern with implications in the Heartland
2. Identify necessary actions at the local, state and national level to address the epidemic
3. Review pharmacotherapeutic agents which contribute to the opioid epidemic and treatment options to combat the epidemic (e.g. MAT)
4. Apply strategies to educate both patients and providers on effective pain management, as well as, address drug seeking behavior

Krista Machado and Adrienne Hearrell will be in attendance and can provide materials/information from this event to the committee.